



पंडित दीनदयाल उपाध्याय शेखावाटी विश्वविद्यालय, सीकर (राज)
(सीकर-झुंझुनू स्टेट हाईवे, सीकर-332024)

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क्रमांक : 843

दिनांक : 28/09/2022

UNIVERSITY ATHLETICS TEAM QUALIFYING STANDARD 2022-23

Qualifying norms for selection of University athletics team (WOMEN)

| S.NO. | EVENT | Qualify norms## |
|-------|--------------------|------------------|
| 1. | 100M | 12.26 seconds |
| 2. | 200M | 24.96 seconds |
| 3. | 400M | 56.30 seconds |
| 4. | 800M | 2:18.54 minutes |
| 5. | 1500M | 4:44.07 minutes |
| 6. | 5000M | 18:06.81 minutes |
| 7. | 10000M | 37:55.73 minutes |
| 8. | 100M Hurdle | 14.46 seconds |
| 9. | 400 M Hurdle | 1:02.93 minutes |
| 10. | 3000M Steeplechase | 11:52.15 minutes |
| 11. | High jump | 1.63 meters |
| 12. | Long jump | 5.76 meters |
| 13. | Triple jump | 12.59 meters |
| 14. | Pole vault | 3.10 meters |
| 15. | Shot put | 13.20 meters |
| 16. | Discuss throw | 40.04 meters |
| 17. | Hammer throw | 48.91 meters |
| 18. | Javelin throw | 42.90 meters |
| 19. | 5000m walk | 24:38.30 minutes |
| 20. | Half marathon | 1:25:05.00 hours |

Qualifying norms for selection of University athletics team (MEN)

| S.NO. | EVENT | Qualify norms## |
|-------|--------------------|------------------|
| 1. | 100M | 10.78 seconds |
| 2. | 200M | 22.44 seconds |
| 3. | 400M | 47.95 seconds |
| 4. | 800M | 1:56.67 minutes |
| 5. | 1500M | 4:00.29 minutes |
| 6. | 5000M | 14:43.55 minutes |
| 7. | 10000M | 31:28.97 minutes |
| 8. | 110M Hurdle | 15.25 seconds |
| 9. | 400 M Hurdle | 53.83 seconds |
| 10. | 3000M Steeplechase | 9:55.25 minutes |
| 11. | High jump | 2.00 meters |
| 12. | Long jump | 7.22 meters |
| 13. | Triple jump | 15.13 meters |
| 14. | Pole vault | 4.60 meters |
| 15. | Shot put | 16.48 meters |
| 16. | Discuss throw | 48.44 meters |
| 17. | Hammer throw | 53.20 meters |
| 18. | Javelin throw | 66.86 meters |
| 19. | 20km walk | 1:35:51.14 hours |
| 20. | Half marathon | 1:10:09.00 hours |

##Qualifying norms based on results during 77th All India Inter-University Athletics Championship organized by Anna University, Chennai.

Dr Sanjeev Kumar
University Games Incharge